



Rev. Gene Coplin
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WISDOM IN TROUBLED TIMES



BECAUSE OF YOUR PRAYERS AND FINANCIAL SUPPORT

Merry Christmas & A Blessed New Year 2026

Your Christmas and 2026 New Year's gift

WISDOMS 4 STEPS TO OVERCOME FEAR, STRESS, WORRY AND ANXIETY.

NOW & IN 2026

Step #1 (Galatians 5:16) "Walk in the spirit and you will not fulfill the lust of the flesh"

So how do I walk in the spirit? The quickest way into the spirit is through the door of PRAISE! The word praise is found over 200 times in the Bible. In Psalms 34:1 King David writes: "I will bless the Lord at all times. His PRAISE shall continually be in my mouth!" Here's the wisdom point: What's continually in your mouth? Praise or complaints?

Praise attracts the power of God, complaining attracts the wrath of God. (2nd Chronicles 20:22) (Numbers 21:6-7) In Isaiah 61:3, an incredible wisdom tool is revealed to us that will crush depression from our lives. Tucked away in the verse it says, "the garment of PRAISE for the spirit of Heaviness (Depression is another translation for the word Heaviness!) God is telling us to clothe ourselves each day with a "Garment." A garment of PRAISE!

How often do you put on a garment? Every day right? When do you put on a garment? Every morning! Our praise over fear, worry, stress, anxiety and even depression should start EVERY MORNING! "This is the day the Lord has made. I will rejoice and be glad in it." (Psalms 118:24) find joy in each day...

Step #2 (2Tim. 1:7) "GOD HAS NOT GIVEN YOU THE SPIRIT OF FEAR BUT OF POWER, LOVE AND A SOUND MIND!"

Stop worrying about the worst that could happen, when the best is yet to come! Stop magnifying what's going wrong in your life and begin to thank God for what's going right! Stop magnifying what you don't have and begin to thank God for what you do have and watch what begins to happen.

In 2026 and beyond I believe God is saying guard your mind and your mouth! In the book of Job chapter 3:25. Job said these words, "for the thing which I greatly feared has come on me and that which I was afraid of has come unto me!" What's the lesson for us here? Stop magnifying and thinking about things you fear! How did I do it? (Glad you asked) #1 I had a burning desire on fire to kill my fears before they killed me. So I began to MEDITATE day and night on 2nd Tim. 1:7. "God has not given me (Eugene Coplin Jr) the spirit of fear but of power, love and a sound mind. Here is the wisdom point: On the big screen of my imagination I would deliberately see myself walking in a spirit of POWER, LOVE AND A SOUND MIND. I would see it and I would say it. I would say it and I would see it.

I began to talk to those fears telling them, "In the name of Jesus you will not live in my heart and mind anymore!" I quoted 2nd Tim 1:7 with confidence and boldness of speech! Those fears stopped talking to me. They left! Remember this quote: SPEAK WHAT YOU EXPECT AND EXPECT WHAT YOU SPEAK! (Mark 11:22-23)

Will you help us

With your prayers & financial support, our Christian based program will not only reach young people here in Buffalo but around the world! If you can, would you please consider donating on a monthly basis? Whatever amount the Lord puts on your heart. By mail (payable to Project L.E.E.) or CashApp @ \$Projectwitt or via PayPal - using email: Project-lee@hotmail.com.

My staff & I will be honored & humbled to hear from you! For the Kingdom of God sake, we want to take our Prov. 18:21 "Speak Life Twice" movement across this nation (Heb. 11:33)



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NEWSLETTER

DECEMBER 2025

Step #3 (Rom 8:6) "To be carnally minded is death but to be spiritually minded is life and peace."

Get rid of your "stinkin thinkin." It is of the devil! Jesus said in St John 10:10, "The thief (devil) comes to steal, kill and destroy. I noticed that Jesus said steal first. Why? Because if he can steal your joy, he steals your strength. "The joy of the Lord is your strength" (Neh. 8:10) The devil attacks our minds with fear thoughts designed to steal our joy and peace! Let's look a little further. What does it mean to be "carnally minded?" It is having a mind full of anxiety, fear, doubt and unbelief. We call it DBT's (DEATH BY THINKING) The wrong thoughts living in your mind can make us sick. The wrong thoughts can actually cause a person to die!

Here's the good news. The rest of Rom 8:6 says but to be carnally minded is LIFE & PEACE! Several examples of being spiritually minded is found in Isaiah 26:3, "Thou will keep him in perfect peace whose mind is stayed on thee because he trust thee." I might also add by saying this. Another wisdom tool: The answer is getting rid of D.B.T's (Death By Thinking) is L.B.S (Life By Speaking). Remember this, the right words of life coming out of your mouth can destroy the wrong thoughts of death coming into your mind! (2Cor. 10:4-5)

Step #4 (Mark 11:24) "What things soever you desire, when you pray, believe that you shall receive them, and you shall have them."

Both students and teachers were asked this question: WHAT GIVES WORDS THEIR POWER? The answer, if fully understood can change someone's life forever. The answer could cause you to "live longer and stronger!" What gives our words their power? (When you believe them!)

Too many times our youth believe the negative words spoken to them by others rather than the positive words they speak to themselves. Another meaning for faith is belief. And in Mark 11:24, Jesus clearly reminds us of how and why He will answer our prayers. Two words stick out in the verse. The 2 words are, "DESIRE and BELIEVE." It's been stated that desire is one of the strongest human motivators. And if there is truly something desire when you pray, it's easy to Believe for it. How bad do you want to be free from fear, how bad do you really desire to be free from depression, stress, worry and anxieties?

Remember this little power thought: "WORDS YOU CONFESS CAN ELIMINATE STRESS!" So speak to those negative emotions (they speak to you!) Tell them, "In the Name of Jesus I will no longer be a slave to fear, stress, worry, anxiety or depression. Jesus came that I would have life and have it more abundantly (St John 10:10) furthermore I have been made MORE THAN A CONQUEROR! I am a conqueror over all these negative life destroying emotions, in the Name of Jesus Christ, who strengthens me!" (Rom. 8:37) (Phi. 4:13).

IT'S GONNA BE A VICTORIOUS 2026

SHARE THIS INFORMATION WITH SOMEONE.
LET IT BLESS THEIR LIVES AS WELL!

